

Renfrew Pool Opening Times

Please note that days, times and sessions are subject to change at any time and during school holidays. Full pool available during normal opening hours outwith the restrictions identified below.

Day	Open	Closed	Programmed activity	Time	Restriction
MONDAY	7.15am	8.00pm	Early birds Over 50's session Swimming Lessons Aqua Aerobics Ladies only	7.15am - 8.30am 8.45am - 10.00am 3.30pm - 6.00pm 6.00pm - 7.00pm 7.00pm - 8.00pm	<ul style="list-style-type: none"> • None • Over 50's only • Pool roped off at shallow end and other areas • Shallow end roped off • Ladies only session
TUESDAY	9.00am	8.00pm	Swimming Lessons Adults only	3.30pm - 6.00pm 7.00pm - 8.00pm	<ul style="list-style-type: none"> • Pool roped off at shallow end and other areas • Adults only
WEDNESDAY	9.00am	8.00pm	Swimming Lessons Adults only	3.30pm - 7.00pm 6.00pm - 8.00pm	<ul style="list-style-type: none"> • Pool roped off at shallow end and other areas • Adults only
THURSDAY	9.00am	7.30pm	Swimming Lessons Adults only	3.30pm - 6.00pm 6.30pm - 7.30pm	<ul style="list-style-type: none"> • Pool roped off at shallow end and other areas • Adults only
FRIDAY	7.15am	8.30pm	Early birds Over 50's session Swimming Lessons	7.15am - 8.30am 8.45am - 10.00am 3.30pm - 6.00pm	<ul style="list-style-type: none"> • None • Over 50's only • Pool roped off at shallow end and other areas
SATURDAY	9.30am	4.00pm	Swimming Lessons Fun session	8.30am - 12.30pm 1.30pm - 3.00pm	<ul style="list-style-type: none"> • 8.30am - 9.30am Swimming lessons only • Pool roped off at shallow end and other areas • Various restrictions dependant on session content, contact centre for details
SUNDAY	10.00am	3.00pm	Swimming Lessons	9.00am - 12.30pm	<ul style="list-style-type: none"> • 9.00am - 10.00am Swimming lessons only • Pool roped off at shallow end and other areas