



Erskine
community
sports centre

Erskine
swimming pool

Guide

Leisure

Erskine

Community

Sports Centre

and

Swimming Pool

badminton

football

swimming *bicycle hire*

fitness

2011/2012



Welcome to Erskine Community Sports Centre

Fitness Suite

At Erskine Community Sports Centre the modular 40 station Fitness Suite offers state-of-the-art equipment ranging from cardiovascular to weights for a full body workout. Our highly qualified staff are on hand to deliver advice or assistance and personal training sessions tailored to meet your needs. Fitness suite can be accessed on a pay as you play basis or by joining the club.

Sports Hall and Studio

A modern community sports centre offering a 4 court main hall, multi purpose room, spin studio and meeting room with brand new audio visual equipment.

Fitness Classes

We offer a full range of fitness classes, to suit all ages and abilities, including:

■ Zumba ■ Zumbatomic ■ Belly Dancing ■ Body Attack ■ Body Combat ■ Pilates ■ Vibe Cycle
■ Boxercise ■ Body Pump ■ Cheerleading ■ Tone ■ Pilates ■ Yoga

Times of availability for concession rates may vary.
Please check your activity at reception.

Civic Hall

Why not have your special celebration in our Civic Hall. With a stunning view over the River Clyde, we can seat up to 140 guests and host functions such as wedding receptions, christenings, birthday parties and many more. Our hall has a bar, lights and sound system or facilities for a band or DJ to provide your entertainment. We also have a fully fitted commercial kitchen available and modern meeting/conferencing facilities with Audio Visual equipment included. Ask at the centre for more details.

Bicycle Hire

Cycle alongside, the River Clyde

Daily hire: Adults	£15.00	Children £10.00
Hourly hire: Adults from	£4.00	Children from £3.00
Family hire: Half Day	£20.00	Full Day £30.00

Main Charges

	Adult	Jun/Con
Fitness Suite Session	£5.00	£3.50
Fitness Classes	£5.00	£3.50
4 Court Hall Hire	£47.00	£32.90
Badminton Court	£9.40	£6.60

Ask for a copy of our latest fitness timetable at reception, for dates and times.

Website www.renfrewshireleisure.com
Email info@renfrewshireleisure.com

Welcome to Erskine Pool

Facilities

Our fully refurbished swimming pool is known as 'the friendly pool'. It is a 25m pool, with a deep water area in the middle and shallow water at both ends, making it ideal for swimming lessons. There is also a toddlers' splash area with water features for our younger users and 50+ social sessions.

Main Charges

	Adult	Jun/Con	OAP
Swim	£3.40	£2.40	£1.70
Aqua Aerobics	£5.00	£3.50	
Fun Sessions	£3.40	£2.40	
Parent and Toddler Swim	£2.40	N/A	
Family Swim			
2 Adults & 2 Children	£9.00		
Family Swim Extra Child	£1.15		
Annual Swim Pass	£206.00	£144.00	£103.00



Adult Swimming Lessons Mondays 7.00pm – 8.00pm 4 week block £40.00
Parent & Child Sessions Fridays 1.00pm – 2.00pm pay per session £2.40

Erskine Swimming Pool
Bridgewater Place
Erskine PA8 7AA
Tel 0141 812 0044

We're on Facebook!
Join our Facebook page and we'll keep you up to date with what's going on in your area!



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Centre Opening times

Monday to Friday 10.00am - 10.00pm
Saturday & Sunday 10.00am - 6.00pm

Gym Opening times

Monday to Friday 6.30am - 9.00pm
Saturday & Sunday 9.00am - 4.00pm

Please note last entry to the gym is half an hour before the stated closing time.

Erskine Community Sports Centre
Kilpatrick Drive,
Erskine, PA8 7AF
Tel 0141 812 7744

THE CLUB
© Renfrewshire Leisure

The Club @
Renfrewshire Leisure Join today

Erskine Swimming Pool Programme

	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm	9pm	9.30pm
Mon	Early bird 7.15-9											lessons 4-7	Ad. less.	H & F 8-9		
															Adults only 8-9.30	
Tue	Early bird 7.15-8.45		50+ 8.45-10									lessons 4-7	Fam. Sess.	Aqua 8-9		
															Ladies only 8-9.30	
Wed	Early bird 7.15-9											lessons 4-7				
															Adults only 8-9.30	
Thur	Early bird 7.15-8.45		50+ 8.45-10									lessons 4-7	Fam Sessions			Adults only 8.30-9.30
Fri	Early bird 7.15-9			Aqua 10-11				Public swimming 9-7	P & T class			lessons 4-7			Fun sessions 7.30-9	
Sat				Lessons 9-12				Pub swim 9-4	Party	Fun sess.						
Sun				Lessons 9-12				Pub swim 9-4	Party							Pre-Swim club 4-5

- Public swimming. Sometimes restricted by lessons, classes etc.
- Early Birds for morning lane swimming.
- Swim lessons. Here the learn to swim scheme operates. There is restricted swimming space here, at a reduced price.
- Adult Lessons. Time for the adult non-swimmers to learn or brush up their skills or even just increase their confidence.
- Adults Only. A bit of time for the adults to enjoy a peaceful swim, or one of the activities, without any children around.
- Health & fitness. A coach lead session working on improving your fitness levels along with some stroke correction work.
- 50+ session is a social session for those over 50. Swimming, exercise class, tea and coffee.
- NEW. Family session. New for 2011 a session aimed at families and children.
- Ladies only. A bit of time for the ladies to relax maybe after following an Aqua aerobics class.
- Aqua Aerobics is one of the best exercise classes for toning muscles, using the resistance of water when working out. A low impact exercise, suitable for all ages & abilities.
- Parent and toddler. Classes aimed at introducing your child to a water environment along with their parent.
- Fun sessions include 30 mins-1hour of Aqua Run, plus floats, balls etc.
- Birthday Parties include 45 mins exclusive use of Aqua Run, plus use of the café area, with a member of staff playing party games, with prizes.
- Pre swim Club for the advanced group of our swim lessons

Little swim time sessions. Sessions where the current admissions policy is relaxed for parents.

New for 2011

Save time with our all new Book & Pay Online service for everyone ...

For 2011 Renfrewshire Leisure are introducing the ability to book and pay online to make your visit to us even more enjoyable.

Pick up your Saver Card today and start popping your swimming bubbles!!!

If you're under 18 or over 60 you can take part in our Swimming Loyalty Schemes and get your 6th swim FREE! Pick up your Loyalty Card at your nearest pool now!

We're on Facebook!!

Join our Facebook page and we'll keep you up to date with what's going on in your area!!

Website www.renfrewshireleisure.com
Email info@renfrewshireleisure.com



Renfrewshire Leisure
 better for everybody

Renfrewshire Leisure Limited is a
 Recognised Scottish Charity No. SC005866.
 Supported by

 Renfrewshire Council