# Renfrewshire Leisure - Staff Operating Procedures

It is important to understand the following guidelines by which staff **should or should not travel to work** as outlined below.

Social distancing	Renfrewshire Leisure staff should follow the latest guidance on <u>Staying at home and away from others (social distancing)</u> . Where they cannot work from home, they must follow the same principles of social distancing while travelling to and from work and while at work.
Self-isolation	Anyone who either has a high temperature or a new persistent cough, loss of taste /smell or is within 14 days of the day when the first member of their household showed symptoms of Coronavirus (Covid-19) should not come to place of work but must follow the latest guidance on self-isolation.
Person at increased risk	Anyone who is at <u>increased risk of severe illness</u> from Coronavirus (Covid-19) is strongly advised to work at home and should be particularly stringent about following social distancing measures.
Persons defined on medical grounds as extremely vulnerable	Anyone identified as extremely vulnerable will be advised by their health authority and must follow the latest guidance on <u>shielding and protecting extremely vulnerable people</u> .
Living with a person in one of the above groups	Anyone living with a person who is at increased risk of severe illness, or an extremely vulnerable person who is <a href="mailto:shielding">shielding</a> from Coronavirus (Covid-19), should stringently follow the latest guidance on <a href="mailto:social distancing">social distancing</a> and minimise contact outside the home.
If someone falls ill	<ul> <li>If a staff member develops a high temperature or a persistent cough while at work, they should:</li> <li>Ensure their manager or supervisor is informed</li> <li>Return home immediately</li> <li>Avoid touching anything</li> <li>Cough or sneeze into a tissue and put it in a bin, or if they do not have tissues, cough and sneeze into the crook of their elbow.</li> <li>They must then follow the guidance on self-isolation and not return to work until their period of self-isolation has been completed.</li> </ul>

## **Building / Facility Access and Egress Points**

- Stop all non-essential visitors
- Plan facility access and egress points to enable social distancing you may need to change the number of
  access points, either increase to reduce congestion or decrease to enable monitoring, including in the case of
  emergencies
- Allow plenty of space between people waiting to enter your facility
- Use signage:
  - o such as floor markings, to ensure 2 metre distance is maintained between people when queuing
  - reminding staff not to attend if they have symptoms of Coronavirus (Covid-19) and to follow guidelines
- Require all workers to wash their hands for a minimum 20 seconds using soap and water when entering and leaving the facility
- Regularly clean common contact surfaces in reception, office, access control and delivery areas e.g. scanners, turnstiles, screens, telephone handsets and desks
- Reduce the number of staff in attendance in facilities where possible
- Consider arrangements for monitoring compliance.

### **Hand Washing**

- Allow regular breaks to wash hands
- Provide additional hand washing facilities (e.g. pop ups) to the usual welfare facilities, particularly on a large spread out site or where there are significant numbers of personnel on site, including plant operators
- Ensure adequate supplies of soap and fresh water is readily available and kept topped up at all times
- Provide hand sanitiser (minimum 60% alcohol based) where hand washing facilities are unavailable
- Regularly clean the hand washing facilities
- Provide suitable and sufficient rubbish bins for hand towels with regular removal and disposal.

#### **Toilet Facilities**

- Restrict the number of staff using toilet facilities at any one time (e.g. use a welfare attendant) and use signage, such as floor markings, to ensure 2 metre distance is maintained between people when queuing
- · Wash or sanitise hands before and after using the facilities
- Enhance the cleaning regimes for toilet facilities, particularly door handles, locks and the toilet flush
- Provide suitable and sufficient rubbish bins for hand towels with regular removal and disposal.

#### Staff Rooms and Rest Areas

Where possible, staff should be encouraged to bring their own food. They should also be required to stay on site once they have entered it and avoid using local shops.

- Consider increasing the number or size of facilities available on site if possible
- The capacity of each staff room or rest area should be clearly identified at the entry to each facility, and where necessary attendants provided to supervise compliance with social distancing measures
- Break times should always be staggered to reduce congestion and contact
- Drinking water should be provided with enhanced cleaning measures of the tap mechanism introduced
- Frequently clean surfaces that are touched regularly, using standard cleaning products e.g. kettles, refrigerators, microwaves
- Hand cleaning facilities or hand sanitiser should be available at the entrance to any room where people eat and should be used by workers when entering and leaving the area
- A distance of 2 metres should be maintained between users, wherever possible
- All rubbish should be put straight in the bin and not left for someone else to clear up
- Tables should be cleaned between each use
- Crockery, eating utensils, cups etc. should not be used unless they are disposable or are washed and dried between use
- Consider arrangements for monitoring compliance.

#### **Travel to Work**

Wherever possible staff should travel to work alone using their own transport. If workers have no option but to share transport:

- Journeys should be shared with the same individuals and with the minimum number of people at any one time
- Good ventilation (i.e. keeping the windows open) and facing away from each other may help to reduce the risk
  of transmission
- The vehicle should be cleaned regularly using gloves and standard cleaning products, with particular emphasis on handles and other areas where passengers may touch surfaces
- Providing hand cleaning facilities at entrances and exits. This should be soap and water wherever possible or hand sanitiser if soap and water are not available
- How someone taken ill would get home

### **Driving at Work**

When travelling at work or between facility locations, staff should travel alone. If workers have no option but to share a vehicle, then they should:

- Share with the same individuals and with the minimum number of people at any one time
- Wherever possible maintain a distance of two metres and avoid touching your face
- Maintain good ventilation (i.e. keeping the windows open) and face away from each other during the journey
- Wash their hands for a minimum for a minimum 20 seconds using soap and water or hand sanitiser if soap and water are not available before entering and after getting out of the vehicle
- Regularly clean the vehicle using gloves and standard cleaning products, with particular emphasis on handles and other surfaces which may be touched during the journey.
- Where loading and offloading arrangements will allow it, drivers should remain in their vehicles. Where drivers
  are required to exit their vehicle, they should wash or sanitise their hands before handling any materials

# **Staff Operating Guidance**

# **Work Planning to Avoid Close Working**

Where it is not possible to follow the social distancing guidelines in full in relation to a particular activity, you should consider whether that activity needs to continue for the facility to continue to operate, and, if so take all the mitigating actions possible to reduce the risk of transmission.

RL facilities and work need to be planned and organised to avoid crowding and minimise the risk of spread of infection

Service / Building Managers should remind the workforce (e.g. at daily briefings) of the specific control measures necessary to protect them, their colleagues, families and the Scottish population.

#### **Hierarchy of Controls**

If you are not able to work whilst maintaining a two metre distance, you should consider whether the activity should continue and, if so, risk assess it using the hierarchy of controls below and against any sector-specific guidance.

Eliminate	Workers who are unwell with symptoms of Coronavirus (Covid-19) should not travel to or attend the workplace
	<ul> <li>Rearrange tasks to enable them to be done by one person, or by maintaining social distancing measures (2 metres)</li> </ul>
	Avoid skin to skin and face to face contact
	Stairs should be used in preference to lifts
	Consider alternative or additional mechanical aids to reduce worker interface
	Facility / Building Meetings
	Only when absolutely necessary meeting participants should attend
	Attendees should be at least two metres apart from each other
	Rooms should be well ventilated / windows opened to allow fresh air circulation
	Consider holding meetings in open areas where possible
Reduce	Where the social distancing measures (2 metres) cannot be applied:
	Minimise the frequency and time staff are within 2 metres of each other
	Minimise the number of staff involved in these tasks
	Staff should work side by side, or facing away from each other, rather than face to face
	Regularly clean common touchpoints, doors, buttons, handles, vehicle cabs, tools, equipment etc.
	Increase ventilation in enclosed spaces
	Workers should wash their hands before and after using any equipment
Isolate	Keep groups of staff that must work within 2 metres:
	Together in teams e.g. (do not change workers within teams)
	As small as possible
	Away from other staff where possible
Control	Where face to face working is essential to carry out a task when working within 2 metres:
	Keep this to 15 minutes or less where possible
	Consider introducing an enhanced authorisation process for these activities
	Provide additional supervision to monitor and manage compliance

PPE	Where it is not possible to maintain a two metre distance, each activity should be risk assessed using the hierarchy of controls and against any sector-specific guidance, mindful that masks (RPE) are the last resort in the hierarchy
	Re-usable PPE should be thoroughly cleaned after use and not shared between workers
	Single use PPE should be disposed of so that it cannot be reused
	Where personnel are required to work in specific environments (e.g. where persons are shielding, with symptoms, or confirmed Coronavirus (Covid-19) cases may be present e.g. healthcare or in a home environment) additional PPE should be considered specific to the Coronavirus (Covid-19) risk
Behaviours	The measures necessary to minimise the risk of spread of infection rely on everyone in the industry taking responsibility for their actions and behaviours.
	Please encourage an open and collaborative approach between staff and managers in facilities / buildings where any issues can be openly discussed and addressed.

### First Aid and Emergency Service Response

The primary responsibility is to preserve life and first aid should be administered if required and until the emergency services attend.

- Emergency plans including contact details should be kept up to date
- Consideration must also be given to potential delays in emergency services response, due to the current pressure on resources

# Cleaning

Enhanced cleaning procedures should be in place across the site, particularly in communal areas and at touch points including:

- Taps and washing facilities
- Toilet flush and seats
- · Door handles and push plates
- Handrails on staircases and corridors
- Lift and hoist controls
- Machinery and equipment controls
- All areas used for eating must be thoroughly cleaned at the end of each break and shift, including chairs, door handles, vending machines and payment devices.
- Telephone equipment
- Key boards, photocopiers and other office equipment
- Rubbish collection and storage points should be increased and emptied regularly throughout and at the end
  of each day.