

TINY REVOLUTIONS Of Connection

RENFREWSHIRE

WITH



HOW TO MAKE TWISTED BRAIDS...



TURN SOME STRANDS OF WOOL INTO A DECORATION FOR YOUR SCHOOL BAG! (OR MAKE ONE FOR YOUR FRIENDS!)

Watch this short video guide to see how:

<https://www.youtube.com/watch?v=AMm0t1Fr8Vw>

Or follow these simple step by step instructions >>>

This is a really fun & quick activity where really fantastic results can be achieved immediately. The origins of hand spinning, or twisting fibre to make yarn dates back 2.5 million years - so that is a cool fact to tell your friends!

There is a scientific element involved here too if we consider that by merely twisting yarn strands, this creates energy which helps the strands bind together to form a stronger cord.

In simple terms, this is what spinning does, it uses "twist" to bind fibres together into yarn. Twist is the measurement of spiral turns given to a yarn in order to hold the constituent fibres or threads together.

So there you go, get your white coat on and get started!!



1. Collect a bundle of mixed yarns (wool, string, jute) and measure out 1 metre of 2 different yarns.
2. Lie them together and then fold in half. Then place the fold around a door handle.
3. Stand back so the yarn is taut and then start twisting the yarn, always in the same direction.
4. Stop occasionally, without letting go of the yarn ends, release the tension on the yarn so you can see the twist "energy" forming.
5. Keep twisting until there is lots of twist.
6. Whilst holding the tail end tight, remove the fold end from the door handle.
7. Place the tail end and fold end into one hand and let your cord go - it will twist on itself.
8. Smooth the cord through your empty hand a few times to even out the tension.
9. Tie all your ends together to secure.

Now, use your imagination to make some more to decorate your school bag. Try adding pom poms in and use lots of different colour and textures!

WE'D LOVE TO SEE
WHAT YOU MAKE!

IF YOU CAN - UPLOAD YOUR PHOTOS TO SOCIAL MEDIA
USING THE HASHTAG **#TinyRevolutionsRen**

Or to share your pictures via email - send them to: artsteam@renfrewshire.gov.uk
For more activities visit: www.renfrewshireleisure.com/arts-projects/