

TINY REVOLUTIONS Of Connection RENFREWSHIRE

WITH



THE MINDSPACE FACEBOOK GROUP

STOP FRAME - ANIMATED FUN!

This week's idea comes from Sarah Grant, NHS Arts Coordinator, Renfrewshire.

Why not have a go at making some simple stop frame animations using cut-outs from old magazines to create some mini films on your phone?



There are lots of free Apps that you can download to use to make animations.

Sarah, and her patients, have been using one called *Stop Motion Studio*.

They have been making short, funny animations that are inspired by the collages and animations made by an artist called John Hiltunen. Here is some of his work ...

To make your stop frame animation, all you need is your phone and some old magazines to cut up to create your scene and characters.

The first thing to do is download a free stop motion app!

Then, decide what your character(s) will be - and cut up your magazine to create them.

We used a plain background - but you could have a scene or a pattern behind your figures if you like. But don't forget to stick your scene down if you don't want it to move.

Place your character onto your background and snap a photo.

Then move your paper character a a tiny bit and snap another photo. Keep going!

Have fun, and let your imagination run wild. The possibilities are endless...

If you are using Stop Motion Studio you can add sound effects or music clips from the App's library - or bring characters to life by recording a voice over track directly to your movie.

WE'D LOVE TO SEE WHAT YOU MAKE!

If you can - upload your animations to social media and use the hashtag **#TinyRevolutionsRen**

MINDSPACE

MindSpace is our annual open art exhibition held as part of the *Scottish Mental Health Arts Festival (SMHAF)* in Renfrewshire. The *MindSpace* exhibition celebrates the benefits of creativity to our recovery and wellbeing and is open to all.

Although the 2020 SMHAF Festival was cancelled due to Covid 19, our Mindspace Facebook Group -

www.facebook.com/groups/2405146043110055/ is very much still open - and we invite anyone who would like to join our group to do so, and to share their work online in our virtual gallery.



You look at more of his collages here:
<https://creativegrowth.org/artists#/john-hiltunen>